

# 2019 WOMEN'S MARTIAL ARTS SYMPOSIUM



Get a new perspective, meet other women martial artists, expand your training!

## Saturday, Jan. 19

8:30 am—4 pm. Lunch included.

Cost \$75      Registration deadline: Dec. 18

### Location

Ingram's Pro Karate  
14457 N. Dale Mabry Hwy, Tampa, Florida 33618

### Accommodations

DoubleTree Suites by Hilton Tampa Bay.  
3050 N. Rocky Point Dr. West, Tampa, FL 33607-5800  
(813) 888 8800 / Group code "WMAS"

More info: [www.SierraDojo.com/wmas/](http://www.SierraDojo.com/wmas/)  
or contact [dianeoc@sierradojo.com](mailto:dianeoc@sierradojo.com)

## FEATURING



**Linde Belt**

8th dan,  
Isshinryu Karate  
5th dan, Escrima

**Cindy Ingram**

8th dan,  
Isshinryu Karate



**Diane Ortenzio-Cooling**

8th dan, Order of  
Isshin-Ryu Karate  
5th dan, Presas Arnis



**Maria Kristensen**

7th dan,  
Isshinryu Karate



**Dee Holmes-Norman**

3rd dan,  
Isshinryu Karate



**Elaine Correa**

A.C.E. certified  
personal trainer

